



JEWISH MOTHERS AND CHILDREN

FLASH SEDER

70% of Jews worldwide have attended a Passover Seder
It is the most widely observed Jewish Tradition

סֵדֶר (SEDER) - ORDER

1. קִדְּשׁ (KIDDISH) - SANCTIFICATION SAY KIDDISH
2. וְרַחֵץ (URCHATZ) - WASH HANDS NO BLESSING
3. כָּרְפָס (KARPAS) - VEGETABLE
4. יַחַץ (YACHATZ) - BREAK MIDDLE MATZAH (HIDE AFIKOMEN)
5. מַגִּיד (MAGGID) - TELL PASSOVER STORY
6. רַחֲצָה (RACHTZAH) - WASH HANDS WITH BLESSING
7. מוֹצֵיא (MOTZI) - BLESSING OVER MATZAH HAMOTZI
8. מִצָּה (MATZAH) - EATING THE MATZAH
9. מָרֹר (MAROR) - BITTER HERBS
10. כּוֹרֵחַ (KORECH) - SANDWICH BITTER HERB AND CHAROSETH
11. שְׁלַחן עֹרֵךְ (SHULCHAN ORECH) - MEAL
12. צִפּוּן (TZAFUN) - HIDDEN / AFIKOMAN
13. בִּרְךָ (BARECH) - BLESS / GRACE AFTER MEALS
14. הַלֵּל (HALLEL) - PRAISE RECITE HALLEL PSALMS
15. נִרְצָה (NIRTZAH) - CONCLUSION OF SEDER PRAY GOD ACCEPTS. NEXT YEAR IN JERUSALEM

WINE (KIDDUSH - BOREI PRI HAGAFEN)

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגֶּפֶן
(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, BOREI P'RI HAGAFEN)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO CREATES THE FRUIT OF THE VINE.

HANDWASHING (NETILAT YADAYIM)

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ עַל נְטִילַת יָדַיִם

(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, ASHER KID'SHANU B'MITZVOTAV V'TZIVANU AL NETILAT YADAYIM)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO HAS SANCTIFIED US WITH HIS COMMANDMENTS AND COMMANDED US CONCERNING THE WASHING OF HANDS.

MATZAH (MOTZI + MATZAH)

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצֵיא לֶחֶם מִן הָאָרֶץ
(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, HAMOTZI LEHEM MIN HA'ARETZ)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO BRINGS FORTH BREAD FROM THE EARTH.

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל אֲכִילַת מִצָּה

(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, ASHER KID'SHANU B'MITZVOTAV V'TZIVANU AL ACHILAT MATZAH)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO HAS SANCTIFIED US WITH HIS COMMANDMENTS AND COMMANDED US CONCERNING THE EATING OF MATZAH.

CANDLE LIGHTING BLESSING

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
לְהַדְלִיק נֵר שֶׁל יוֹם טוֹב

BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM,
ASHER KID'SHANU B'MITZVOTAV V'TZIVANU
LEHADLIK NER SHEL YOM TOV

BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE,
WHO HAS SANCTIFIED US WITH HIS COMMANDMENTS
AND COMMANDED US TO LIGHT THE FESTIVAL CANDLES

SHEHECHYANU BLESSING

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
שֶׁהֲחִינּוּ וְקִיַּמְנוּ וְהִגִּיעְנוּ לַזְמַן הַזֶּה

BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM,
SHEHECHYANU V'KIY'MANU V'HIGIYANU LAZMAN HAZEH

BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE,
WHO HAS KEPT US ALIVE, SUSTAINED US,
AND ENABLED US TO REACH THIS SEASON

PASSOVER SEDER SHOPPING LIST

SEDER PLATE ESSENTIALS

- MATZAH
- HORSERADISH
- ROMAINE LETTUCE
- EGG (FOR ROASTING)
- SHANK BONE (OR CHICKEN PIECE)
- APPLES (FOR CHAROSET)
- NUTS (FOR CHAROSET)
- CINNAMON (FOR CHAROSET)
- RED WINE OR JUICE (FOR CHAROSET)

MAIN MEAL

- CHICKEN OR BRISKET
- POTATOES
- CARROTS
- ONIONS

SOUP

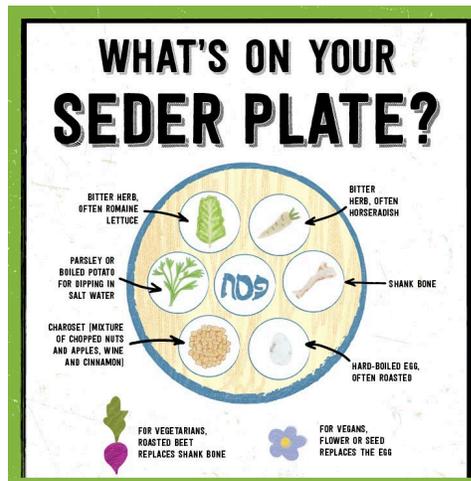
- CHICKEN BROTH
- MATZAH BALL MIX

DRINKS

- WINE (OR GRAPE JUICE)

DESSERT

- MACAROONS OR CHOCOLATE
- FRESH FRUIT (BERRIES OR GRAPES)



BITTER HERB (MAROR)

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ עַל אֲכִילַת מָרֹר

(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, ASHER KID'SHANU B'MITZVOTAV V'TZIVANU AL ACHILAT MAROR)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO HAS SANCTIFIED US WITH HIS COMMANDMENTS AND COMMANDED US CONCERNING THE EATING OF BITTER HERBS.

GREEN VEGETABLE (KARPAS)

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הָאֲדָמָה
(BARUCH ATAH ADONAI, ELOHEINU MELECH HA'OLAM, BOREI P'RI HA'ADAMAH)

- BLESSED ARE YOU, LORD OUR GOD, KING OF THE UNIVERSE, WHO CREATES THE FRUIT OF THE EARTH.



THE PASSOVER STORY begins with the Israelites living in Egypt, where over generations they were enslaved and forced into harsh labor by Pharaoh. Fearing their growing numbers, Pharaoh decreed that all newborn Hebrew boys be killed, but one child, Moses, was saved when his mother placed him in a basket on the Nile. His sister, Miriam watched until he was found and raised by Pharaoh's daughter. As an adult, Moses fled Egypt after killing an Egyptian taskmaster, but later encountered God in a burning bush, who commanded him to return and demand that Pharaoh let the Israelites go. Pharaoh repeatedly refused, and God brought ten devastating plagues upon Egypt— (spill one drop of wine for each plague)

1- turning the Nile to blood,

2 - frogs, 3 - lice, 4 -wild animals, 5 - pestilence, 6 - boils, 7 - hail, 8 - locusts, 9-darkness yet Pharaoh's heart remained hardened. Finally, God announced the last plague 10: the death of the firstborn.

The Israelites were instructed to mark their doorposts with lamb's blood so the plague would "pass over" their homes, and to prepare a meal eaten in haste, with unleavened bread (matzah) and bitter herbs. After this final blow, Pharaoh relented and ordered the Israelites to leave immediately. They fled Egypt so quickly that their dough did not have time to rise. Soon after, Pharaoh changed his mind and pursued them with his army, trapping them at the Red Sea. In a dramatic moment of salvation, the sea split, allowing the Israelites to cross on dry land; when the Egyptians followed, the waters returned and drowned them. Freed from slavery, the Israelites began their journey through the wilderness toward Mount Sinai and ultimately toward becoming a free people bound by covenant and law

SEDER FLOW AT A GLANCE

WINE → KIDDUSH - RECITE BLESSING DRINK CUP 1

WASH → WASH HANDS, NO BLESSING

VEGETABLE → MAKE BLESSING, DIP IN SALT WATER, EAT

MATZAH → BREAK THE MIDDLE MATZAH, HALF BECOMES THE AFIKOMEN. HIDE IT.

4 QUESTIONS → YOUNGEST CHILD READS/SINGS

STORY → READ THE PASSOVER STORY

WINE → RECITE BLESSING, DRINK CUP 2

WASH → RECITE BLESSING, WASH HANDS

MATZAH → RECITE BLESSING, EAT MATZAH

BITTER HERB → RECITE BLESSING, EAT THE HORSE RADISH

SANDWICH → MAKE A SANDWICH OF MARROR & CHAROSES ON MATZAH, EAT

MEAL → EAT THE HOLIDAY MEAL

AFIKOMAN → CHILDREN SEARCH FOR AFIKOMEN AND RETURN IT IN EXCHANGE FOR GIFTS OR MONEY, EAT IT

GRACE → RECITE BIRKAT HAMAZON

WINE → RECITE BLESSING DRINK CUP 3, POOR WINE

FOR ELIJAH OPEN DOOR FOR THE SPIRIT OF ELIJAH HANAVI TO DRINK

PRAISE → RECITE HALLEL PSALMS

WINE → RECITE BLESSING, DRINK CUP 4

DONE! SAY : "NEXT YEAR IN JERUSALEM"

THE FOUR QUESTIONS

מה נשתנה הלילה הזה מכל הלילות

MAH NISHTANAH HALAILAH HAZEH MIKOL HALEILOT

WHY IS THIS NIGHT DIFFERENT FROM ALL OTHER NIGHTS?

שְׁבֶקֶל הַלֵּילוֹת אֲנִי אוֹכְלִין חֲמֵץ וּמַצָּה, הַלֵּילָה הַזֶּה כְּלוּ מַצָּה

SHEB'CHOL HALEILOT ANU OCHLIN CHAMETZ U'MATZAH, HALAILAH HAZEH KULO MATZAH ON ALL OTHER NIGHTS WE EAT CHAMETZ AND MATZAH; ON THIS NIGHT, ONLY MATZAH

שְׁבֶקֶל הַלֵּילוֹת אֲנִי אוֹכְלִין שְׂאֵר יַרְקוֹת, הַלֵּילָה הַזֶּה מְרוּר

ON ALL OTHER NIGHTS WE EAT ALL KINDS OF VEGETABLES; ON THIS NIGHT, BITTER HERBS

שְׁבֶקֶל הַלֵּילוֹת אֵין אֲנִי מְטַבִּילִין אֶפְלוּ פֶּעַם אַחַת, הַלֵּילָה הַזֶּה שְׁתֵּי פֶּעַמִּים

SHEB'CHOL HALEILOT EIN ANU MATBILIN AFILU PA'AM ACHAT, HALAILAH HAZEH SHTEI PE'AMIM ON ALL OTHER NIGHTS WE DO NOT DIP EVEN ONCE; ON THIS NIGHT, TWICE

שְׁבֶקֶל הַלֵּילוֹת אֲנִי אוֹכְלִין בֵּין יוֹשְׁבֵין וּבֵין מְסֻבִּין, הַלֵּילָה הַזֶּה כְּלָנוּ מְסֻבִּין

ON ALL OTHER NIGHTS WE EAT SITTING UPRIGHT; ON THIS NIGHT, WE ALL RECLINE

